



IntraQuest

THE GREATEST JOURNEYS START WITHIN

Community

HOW TO FIND US

Hi, welcome to our home and centre!

It's great that you could join us and enjoy the wildlife that surrounds each of our therapeutic spaces. Our neighbours have been very welcoming of our guests, but please be mindful of driving down our lane slowly...we have a lot of wildlife wandering around including deer, so it's best to take your journey nice and slow.

We look forward to seeing you in person! Here are some directions to help you on your way.

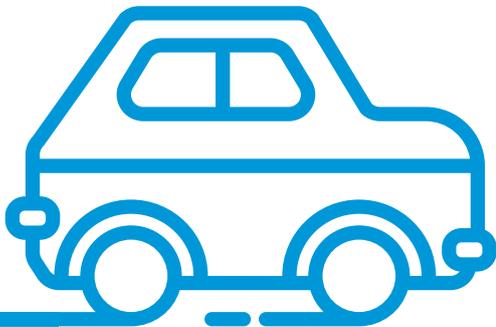
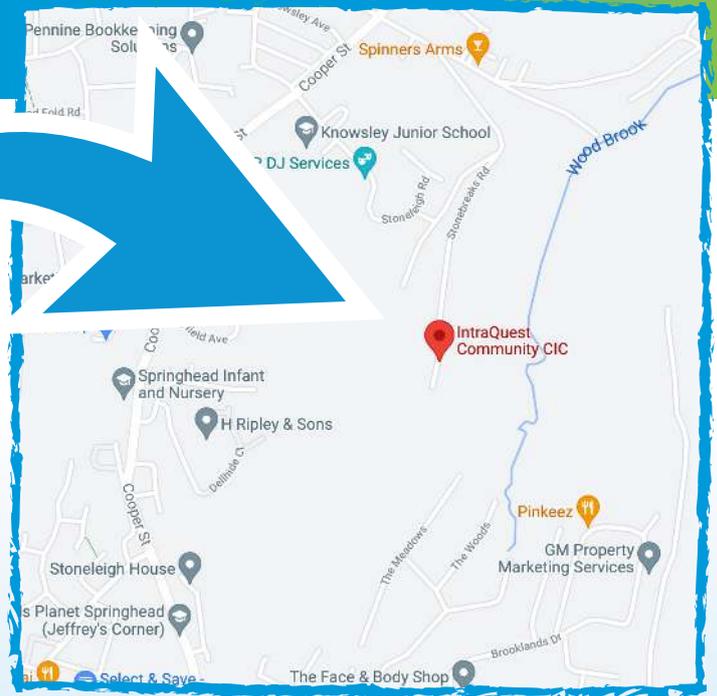
Our contact details

IntraQuest Wellbeing Centre, Stonebreaks House, Stonebreaks Road, Springhead, Oldham OL4 4BY

Telephone: 07831 204043

Email: info@intraquest.co.uk

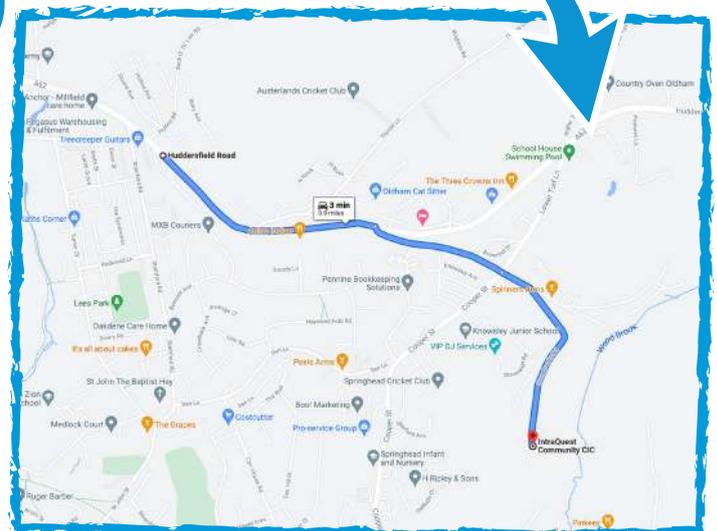
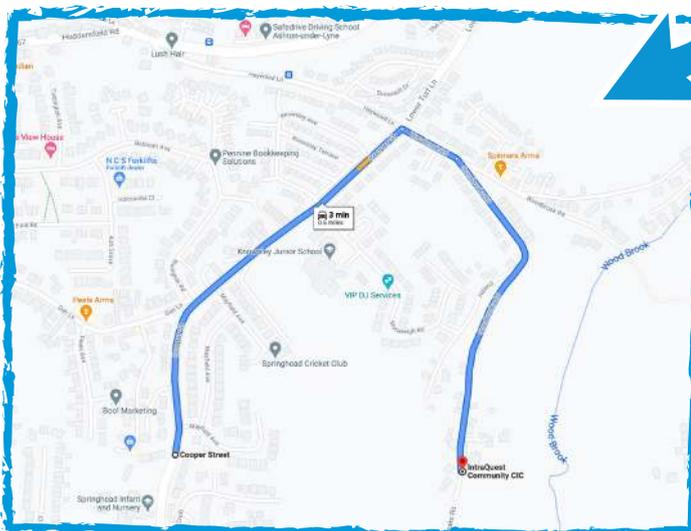
Website: www.intraquest.co.uk



Getting here by car...

Finding us can be a little tricky, so please follow the directions carefully

If you are using the Sat Nav, please make sure it does not lead you up Radcliffe Street that connects to Stonebreaks Road. This is more of a bridal path, so please avoid. Instead aim to arrive from the direction of **Cooper Street** or **Huddersfield Road**.



Getting here by car...

Continue your journey onto Woodbrook Road, then take the second right onto Stonebreaks Road (you'll see the Spinners Arms Pub carpark on your left).

You are welcome to park at the top of the lane and walk down or use our car park. The lane is single line traffic only, however it does have a few places you can pull into should you meet oncoming cars.

Should you decide to use our car park, at the fork, take the left road. We are the last house on the left, you will see our IntraQuest sign on our Therapy Pod. Continue driving until you see two large wooden gates on your left, take the second gate and pull into the carpark.




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Wellbeing Centre

There are some large steps leading to the Centre, so please use the handrails provided to approach the centre safely. Please let us know if you have any mobility difficulties before arriving and we'll do our best to help. You can see some of our therapeutic spaces available above - and there's more to come!

Our site is more farm like, and under development, so please take care when moving around the grounds and wear appropriate footwear. There are also numerous animals on site...Cats, Rabbits, Guinea pigs and our trainee therapy dogs, plus lots of wildlife can be seen from time to time - the deer are fantastic to spot!

Please use the side entrance through the glass porch.



IntraQuest's fur family all have their designated homes though, so aren't free to wander around. Should you wish to be introduced to any of our furry family please ask a member of staff. Also, should you have allergies, please also let us know.

IntraQuest staff will be here to greet you on your arrival and will show you where the facilities are. Please observe all the latest coronavirus guidelines and procedures.

SHOULD YOU HAVE ANY FURTHER QUESTIONS PLEASE CONTACT US DIRECTLY. WE LOOK FORWARD TO SPENDING TIME WITH YOU!